

# Dishing With

SWEET AUBURN BREAD BAKER **SONYA JONES** ON HER  
CHERISHED THANKSGIVING TRADITIONS AND RECIPES



**L**earning from the women in her life, Sonya Jones picked up a passion for baking as a child and never looked back. Now celebrating the 20th anniversary of her Atlanta bakery, Sweet Auburn Bread Company, Sonya sat down with us to talk about her favorite Southern food memories.

**Who is your Southern food inspiration?** My mom, aunts, and the grand dame of Southern food, Edna Lewis.

**First thing you ever baked?** Sweet potato pie. I learned to bake from assisting my mother in our café, Cat's Corner Café, and that was the one dessert that she served every day. I started out watching her make it, and then she eased me into learning how to make it myself.

**What are your favorite Thanksgiving desserts?** German chocolate cake, caramel cake, and rum cake. We only had those cakes during holiday times growing up, so I always looked forward to them.



My Favorite Pie

SWEET POTATO

**Most popular items at Sweet Auburn Bread during the holidays?** Sweet potato pie *and* sweet potato cheesecake. It's like people want the traditional dessert along with a new Southern dessert on their tables.

**It wouldn't be Thanksgiving without?** A full Thanksgiving spread, including cornbread dressing.

**When you don't have time to bake, what's your favorite shortcut dessert?** If I have leftover biscuits, I'll make a shortcake, but if not, I'll make something along the lines of a crumble or a tart with some fresh berries.

**One dessert recipe everyone should have up his or her sleeve?** Their favorite pie recipe.